Welcome to Lung Health Institute

**LUNG HEALTH INSTITUTE IS A WORLD-CLASS AND WORLD-RECOGNIZED LEADER IN REGENERATIVE MEDICINE.**

Lung Health Institute is an innovative leader of regenerative medicine dedicated to providing cellular therapies to treat lung disorder. We offer a new wellness approach to your health and provide our patients with a more effective way to address chronic inflammatory lung conditions. We are improving lives and helping people Breathe Easier™.

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**Why Choose Lung Health Institute?**

**JOINT COMMISSION ACCREDITED**

We have received national accreditation as a top health care organization providing safe, high-quality care to our patients.

**LUNG INFLAMMATION**

Our comprehensive wellness approach has the potential to calm lung inflammation, slow disorder progression, and offer a better quality of life.

**EFFECTIVE TREATMENT PLANS**

Move beyond traditional treatments that only address symptoms. The goal of our comprehensive wellness approach is to address the root cause of your condition.

**BOARD-CERTIFIED PROVIDERS**

Our medical providers are board certified and our clinicians undergo specialized training.

**MINIMAL TO NO DOWNTIME**

Our outpatient therapy requires almost no downtime or post-therapy restrictions.

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**Common Lung Disorders**

**OBSTRUCTIVE**

Chronic obstructive pulmonary disease (COPD)

› Chronic bronchitis
› Emphysema
› Bronchiectasis

**RESTRICTIVE**

Interstitial lung disease (ILD)

(some forms)

› Pulmonary fibrosis
› Idiopathic pulmonary fibrosis
› Sarcoidosis

**Pneumoconiosis and other chronic inflammatory disorders**
Experience a New Kind of Care

Lung Health Institute’s regenerative medical treatment and comprehensive wellness approach may help people who are suffering from chronic obstructive pulmonary disease (COPD) and other lung disorders begin their journey to easier breathing. As a patient-centric provider of regenerative medicine, your comfort and overall experience are very important to us. We will guide you every step of the way because we understand how difficult it is to find effective and sustainable treatment options for debilitating lung disorders. The goal of our comprehensive approach is to improve your quality of life by using your own cells to help manage your symptoms and improve overall lung health. Because our cellular therapy treatment is minimally invasive and performed as an outpatient procedure, you will experience minimal to no downtime or restrictions after your treatment.\(^1\) The goal of our Cellular Therapy is to help reduce inflammation in the lungs in order to slow the progression of your condition and help you Breathe Easier™.

We Are Regenerative Medicine Specialists

Our medical providers are known worldwide for the successful application of revolutionary cellular therapies. Our board-certified medical providers have perfected a treatment protocol focused on safety and quality of care.

We Have Locations Throughout the U.S.

Lung Health Institute has three clinic locations around the United States. This means we can better serve our patients whether they live on the East Coast, West Coast or anywhere in between. Our patients travel across the country to Lung Health Institute for our specialized treatment for chronic lung disorders. We understand that sometimes traveling can be stressful. That is why we offer travel assistance services to give you peace of mind during your visit. Contact a dedicated Patient Care Specialist today for more information at 866-786-7891.

We Provide Ongoing Pulmonary Rehab Support

Lung Health Institute is committed to offering our patients resources and exercises to improve your long-term lung health. After treatment, patients are given access to an online portal with exercises, pulmonary therapy support and more.

\(^1\) Each patient is different. Results may vary. These statements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disorder.
Treatment Options for Lung Disorders

As a leader in regenerative medicine, we take a specialized approach to the treatment of chronic lung disorders. We provide safe and effective treatment options that aim to address the underlying condition — not just the symptoms.

Our treatment may help manage inflammation in the lungs, which is often the primary cause of shortness of breath and other symptoms for patients with lung disorders. The goal of our Cellular Therapy is to focus on using your own cells to help target and reduce inflammation in the lungs.

It is time for you to take your life back from chronic lung disorders. Take a look at the treatment options we offer, and take the next step to Breathe Easier™.

How Does Cellular Therapy Work?

HOW DOES THE PULMONARY FIRST PASS EFFECT PLAY INTO THIS TREATMENT?

The “pulmonary first pass effect” is when the body carries fluid that is administered through an IV directly to the heart and the lungs. When our clinicians administer the cellular therapy solution into a patient through an IV, it goes directly to the patient’s heart and then into the lungs, which is exactly the area of the body we are hoping to target to reduce inflammation.

Our treatment method works with the natural flow of the body to ensure that the cellular therapy solution has the best chance of reaching the lungs quickly so it has the potential to start the process of helping manage inflammation.

*For more information, go to theLungHealthInstitute.com/Results. These statements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disorder.
Cellular Therapy (Platelet-Rich Plasma-Platelet Concentrate (PRP-PC))

When patients receive cellular therapy (PRP-PC), a sample of the patient’s own blood is taken for the cells to be separated and isolated. Concentrated cells are then returned into the bloodstream. This may repair damaged tissue and reduce inflammation, allowing patients to Breathe Easier, which can improve their quality of life.

3 CELLULAR THERAPY (PRP-PC) TREATMENT OPTIONS:

- Cellular Therapy
  - **Day 1:** Patient intake and cellular therapy. See Figure 1.1 on previous page.
  - **Day 2:** Repeated cellular therapy.

- Advanced Cellular Therapy
  - This treatment is designed to optimize results and compound the benefits of cellular therapy. Return to Lung Health Institute clinic 90 days after your first Cellular Therapy to repeat steps from days 1 and 2.

- Cellular Maintenance Therapy
  - A subsequent cellular therapy may help build upon your initial treatment success and maintain your progress while slowing the progression of your condition. (Option 1 or 2 has to be completed first.)

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“**We have a beach pass that involves walking up and down stairs. I can do 480 steps now, I was lucky if I could do 5 before.**”

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**Tammi S.**
**Treatment age 40**
**AMHERST, OH**

**“My primary care doctor looked at my lungs 2 months after my treatment and said that she had never seen so much airflow in my lungs.”**

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**Bernard W.**
**Treatment age 57**
**ILION, NY**

“**My blood oxygen level doesn’t fall below 95% since treatment. Before my treatment I would get down to 88%. I can tell a real difference.”**

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**Beverly F.**
**Treatment age 72**
**PASCO, WA**

“**I was using oxygen for about 23 hours a day. ... now I use no oxygen throughout the day.”**

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**Maria T.**
**Treatment age 63**
**JEFFERSON CITY, MO**
Chronic lung disorders come in many stages and are progressive in nature. After diagnosis, treatment as early as possible may help slow the progression of the disorder and prevent further damage. However, our Cellular Therapy can be effective at any stage of chronic lung disorders. Because our treatment aims to target and reduce inflammation in the lungs, our patients may be able to begin to Breathe Easier™ regardless of how progressive their condition is.

For patients who have been diagnosed with severe lung disorders, we offer Cellular Maintenance Therapy to follow the initial Cellular Therapy. Our Cellular Maintenance Therapy may help build upon your initial treatment success and maintain your progress while potentially slowing the progression of your condition.

Your path to Breathing Easier starts here. Our treatments may significantly slow down and even potentially halt the progression of COPD, interstitial lung disease (ILD) and various lung disorders that fall under these two categories.

**When Is Treatment Most Effective?**

**DISCUSS YOUR PATH**
Your dedicated Patient Care Specialist will educate you about our treatment plans and guide you every step of the way.

**COMPLETE FORMS**
Complete and return the Medical Release and Personal Health Information forms to your Patient Care Specialist. Forms are included in the last 2 pages.

**CHOOSE TREATMENT PLAN**
Our treatment plans include: Cellular Therapy options and/or anti-inflammatory plans for lung health. Refer to previous page.

**PICK YOUR DATE**
Our flexible appointment scheduling means you don’t have to wait months for an opening.

**ARRIVE & MEET CLINICAL TEAM**
All members of our highly trained clinical team are ready to bring you first-class care.

**MEDICAL RECORDS**
One of our medical records specialists will gather information necessary for your treatment approval.

**RECEIVE TREATMENT**
Begin your Cellular Therapy (PRP-PC) treatment to help promote healthier lung function so you can Breathe Easier. Refer to Figure 1.1 on previous page.

**HEAD HOME**
One of our medical providers will perform a thorough evaluation of the treatment received and prep you for follow-up care.

**SIGN UP FOR LIFT PULMONARY REHAB**
Our team provides you with login information for your free 6-month LIFT pulmonary rehab program. This program includes exercises you can do at home that are designed to decrease shortness of breath.

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Studies Show the Benefits of Cellular Therapy for COPD and ILD Patients

Recent white paper studies reveal new data that indicates the potential that Cellular Therapy has benefited patients with chronic obstructive pulmonary disease (COPD) and patients with interstitial lung disease (ILD).

“Autologous cellular therapy & Its Effects on COPD: A Pilot Study” by Jack A. Coleman, M.D.

The purpose of this study was to test the impact of Cellular Therapy from Lung Health Institute on the quality of life and the pulmonary function of patients diagnosed with COPD. The study was comprised of 2 parts: a quality of life survey (QLS) and a pulmonary function test (PFT).

This study tested a sample of 349 COPD patients. The results of the study are as follows:

› 84.5% of patients reported an improvement in quality of life within 3 months after treatment.
› Of patients who reported an improvement in quality of life after treatment, the average improvement score was 33%, meaning people thought their quality of life had increased by 33% compared to where it was prior to treatment.
› The average improvement in pulmonary function was 12% after treatment.

“Autologous cellular therapy & Its Effects on Interstitial Lung Disease: A Pilot Study” by Jack Coleman Jr., M.D., & Sreedevi Marakatham, M.D.

The purpose of this study was to test the possibility that Cellular Therapy from Lung Health Institute could benefit patients with interstitial lung diseases (ILD) such as pulmonary fibrosis. Data was gathered from the patients taking part in the study using a quality of life survey that was given before treatment, 3 months after treatment and 6 months after treatment.

This study tested a sample of 50 patients with various interstitial lung diseases. Of these patients, 35 had pulmonary fibrosis. The results of this study are as follows:

› 80% of the patients in the study reported an improvement in quality of life within 3 months after receiving Cellular Therapy.
› 72% of the patients in the study reported an improvement in quality of life within 6 months after receiving Cellular Therapy.

Read more about the studies proving the effectiveness of Cellular Therapy on chronic lung disorders.

IF YOU WOULD LIKE TO LEARN MORE ABOUT THE RESULTS FOUND IN THESE STUDIES, YOU CAN READ THROUGH EACH WHITE PAPER HERE:

lunginstitute.com/whitepapers/COPD-Treatment-WhitePaper.pdf
Be Inspired. Believe. Breathe Easier™.

“After the first treatment, I noticed I felt better and my coughing was disappearing. I used to cough a lot, almost continuously coughing out a lot of phlegm.”
Dennis C.
Treatment age 53
GRAND JUNCTION, CO

“Some mornings I’d struggle to get out of bed. But now, I do exercises like weightlifting. All kinds of stuff.”
Jesse B.
Treatment age 80
DURHAM, NC

“The day after my treatment, I had a water aerobics class and I was able to do the whole thing.”
Larry W.
Treatment age 69
THE VILLAGES, FL

“I am up to 2 miles a day on the treadmill. Before my treatment, I was not able to walk or get any amount of exercise.”
June B.
Treatment age 67
MADEIRA BEACH, FL

“3 months after my treatment, I was working in a 2-story building with 26 stairs. I didn’t have to stop and use my inhaler.”
Linus S.
Treatment age 63
HAYS, KS

“My new pulmonologist compared my CT scan from 2011 and said, ‘It looks like your disorder is almost not there anymore.’”
Barbara C.
Treatment age 73
PHOENIX, AZ

“Before my treatment, I couldn’t even walk 10 steps. Now I can walk about 50 yards, sometimes even more.”
Brad E.
Treatment age 74
NASHVILLE, TN

“I truly believe that it was a gift to have found Lung Health Institute.”
Penny K.
Treatment age 66
OMAHA, NE

Watch patient stories now by visiting https://lunginstitute.com/reviews and see how you can Breathe Easier.

Call your dedicated Patient Care Specialist today at 866-786-7891 to learn more about how our treatments can help you Breathe Easier.

*For more information, go to Lunginstitute.com/Results. Each patient is different, and results may vary. These statements have not been evaluated by the Food and Drug Administration. This information is not intended to suggest diagnosis, treatment, cure, or prevention of any disorder. Lung Health Institute operates in compliance with CFR Title 21 Part 1271.15 (b) Regulation.
Nancy’s Success Story

“THEY’RE BRINGING ME BACK.”

Nancy H.
Treatment age 70
BELLINGHAM, WA

Nancy H. was diagnosed with COPD in 2006, but the disease hit her hard one winter. Nancy used to walk 6,000 steps a day, but had difficulty even taking 500 steps, and her traditional treatments were no longer working. Her husband, a physician, contacted Lung Health Institute and, after a few conversations, they had her first Cellular Therapy set up. Right after that treatment, she felt she had more energy.

When she got back to her home in Washington, she walked up a flight of steps where she had previously had to pull herself up or stop every couple steps to catch her breath. Nancy gives Lung Health Institute full credit for her improved health.
Authorization to Verbally Discuss Health Information

You may choose to give us permission to discuss information about you with family, friends and others you designate who are involved in your care or concerned about your health status and may ask about your condition or need information when you are not present. You can tell us who we may talk with about your medical care, including your appointment and scheduling information, lab and test results, treatment information and billing information. This does not mean that the person will have access to your medical records. Complete this form to let us know to whom we may speak about your information.

HERE ARE SOME EXAMPLES OF WHEN IT MIGHT BE USEFUL FOR YOU TO RELEASE INFORMATION:
- If you want a relative or friend to help you understand medical treatment instructions
- If a relative or friend is helping with billing instructions
- If a relative or friend calls to verify your appointment time
- If a relative or friend comes in and asks if you are here and in or out of the procedure room

Patient name: ___________________________ Date of birth: ___________________________

I hereby authorize Lung Health Institute to discuss and disclose specific health information as selected below to the following entity/individual.

Name: ___________________________

Address: ___________________________ City: ______________ State: _____ ZIP: _________

Phone number: ___________________________ Relationship: ___________________________

DESCRIPTION OF SPECIFIC INFORMATION TO BE DISCUSSED AND DISCLOSED (PLEASE CHECK ALL THAT APPLY):

☐ All health and treatment information
☐ Appointment date/times
☐ Lab/test results
☐ Billing/payment information
☐ Other: ___________________________
☐ Medical information (including symptoms, diagnosis, medication, and treatment plan)
☐ Procedure status/location (whether I’m waiting to go into procedure or have been released)

I understand the information in my medical record may include information relating to sexually transmitted disorder, acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services, and treatment for alcohol and drug abuse.

EFFECTIVE DATES FOR THIS AUTHORIZATION

Authorization automatically expires 1 year from the date signed below. You have the right to revoke this authorization before the year has passed.

BY SIGNING, I UNDERSTAND THAT:
- I may inspect or copy the protected health information to be used or disclosed.
- I may notify the medical practice in writing if I would like to revoke this authorization.
- This authorization is giving the Lung Health Institute permission to discuss my health information as selected above with entity/individual listed above.
- Information used or disclosed pursuant to the authorization may be subject to re-disclosure by the recipient and no longer be protected by the HIPAA.
- I may refuse to sign this authorization, and that this authorization is not a condition of treatment or payment.

PATIENT/LEGAL REPRESENTATIVE

_________________________________________ ___________________________
Signature Date

_________________________________________
Printed name
Authorization to Release Protected Health Information to Lung Health Institute

MEDICAL RECORDS DEPARTMENT
2001 Mallory Lane, Suite 302, Franklin, TN 37067 | Phone: 855-823-3216 | Fax: 800-974-3092

Patient name: _____________________________ Phone: _____________________________

Date of birth: ___________ Last 4 SS#: ___________ Email: _____________________________

Current address: ___________________________ City: ___________________________ State: _____ ZIP: ________

I hereby request and authorize the below providers/facilities to release a copy of my medical records, containing protected health information, to Lung Health Institute. I understand that this authorization will thereby allow Lung Health Institute and the providers listed below to disclose and discuss my protected health information as required for adjunct therapy.

☐ Physician/Facility: ___________________________ Phone number: ___________________________

Fax number: ___________________________ Address: ___________________________

☐ Physician/Facility: ___________________________ Phone number: ___________________________

Fax number: ___________________________ Address: ___________________________

☐ Physician/Facility: ___________________________ Phone number: ___________________________

Fax number: ___________________________ Address: ___________________________

Please provide the patient’s most current medical records for each of the selected items below to Lung Health Institute’s medical records department via fax at 1-800-974-3092 or email to ________________.

For questions, please call ___________________________ at ___________________________.

☐ CBC w/diff ☐ Pulmonary function test ☐ Chest X-ray or CT
☐ BMP/CMP ☐ Last office note ☐ Other ________________

I understand the information in my medical record may include information relating to sexually transmitted disorder, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services, and treatment for alcohol and drug abuse.

This authorization will expire 1 year from signature date or when revoked by the patient, legal guardian, power of attorney, or health care surrogate. I understand that I have the right to revoke this authorization at any time. I understand that if I revoke this authorization, I must do so in writing and present my written request to the medical records department. I understand that the revocation will not apply to information that has already been released in response to this authorization.

I understand that once the information is disclosed, it may be redisclosed by the recipient and the information may not be protected under federal privacy laws or regulations. I understand that treatment or payment for my care is not contingent upon my signing this authorization and that I can refuse to sign this authorization. A copy of this authorization may be utilized with the same effectiveness as an original. I am entitled to receive a copy of this authorization.

Signature of Patient/Guardian/Power of Attorney/Health Care Surrogate ________________ Date ________________

Printed name ________________ Relationship to Patient if Applicable
TAKE THE NEXT STEP TO BREATHE EASIER™.

Call your dedicated Patient Care Specialist at 866-786-7891 or visit LungInstitute.com

Join our family.